Meeting Our Sorrowing Heart:

A Workshop of Grieving and Healing

2:00 - 4:00 PM
Saturday, Sept. 16, 2023

Philadelphia Ethical Society
1906 S. Rittenhouse Square
Philadelphia

Join us for this communal experience of grieving together. Guided by grief coach and writer Naila Francis of This Hallowed Wilderness, this is a welcoming space for caregivers, service providers and others to honor their sorrows through meditation, creative practice, and ritual. Please bring a journal and writing instrument.

Free
as part of
Peace Day Philly 2023

Learn more
about Naila at www.
thishallowedwilderness.com

Join us
Free tickets here:
https://bit.ly/3LbHeDl

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www.peacedayphilly.org