Build PEACE within your SCHOOL or CLASSROOM!

The United Nations International Day of Peace ("Peace Day") is observed globally each year <u>on and around September 21</u>.

Set aside ten minutes, an hour or more on or around September 21 to engage youth in activities that build awareness, understanding, and respect. Peace art activities can inspire and enhance your hallways, discussions about race can build understanding, a collaborative class peace pledge can define positive expectations, and learning about people and cultures from different parts of the world can build compassion.

Here are a few easy - and free - ideas to bring peace into your school:

- **Breathe!** Try peace breathing: http://bit.ly/peacebreathing (Teachers can check out the value of mindfulness for kids in a 40-minute video at http://bit.ly/mindfulnessforkidsvideo).

- **Create** peace flags, peace cranes or a collaborative collage with words and images of peace! Go to http://bit.ly/artsandpeace for these and many other peace art ideas.

- **Write** peace pledges and poems - share a few from each class and/or display them in the halls. For more information and to download a peace pledge sheet for younger kids, go to http://bit.ly/peacepledges.

- **Experience** the photo essay "*We Will Breathe*" sparked by the murder of George Floyd, and discuss the images. Global Oneness Project: http://bit.ly/WeWillBreathe.

For many more Peace Day activity ideas and resource links, visit the "***What Can You Do?***" section of **www.peacedayphilly.org**. You'll find pages on children and youth, non violence, the arts, service and humanitarian action, social justice, the environment, sports, intercultural/global awareness and more.

Peace Day Philly is a non-profit, local initiative for the U.N. International Day of Peace, observed globally on and around **September 21**.
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