



PEACE DAY PHILLY  
[www.peacedayphilly.org](http://www.peacedayphilly.org)

## 2023 Schedule as of September 15, 2023

### MEETING OUR SORROWING HEART: A WORKSHOP OF GRIEVING AND HEALING

Saturday, September 16

2-4pm

Philadelphia Ethical Society

1906 S. Rittenhouse Square

Join us for this communal experience of grieving together. Guided by grief coach and writer Naila Francis of This Hallowed Wilderness, this is a welcoming space for caregivers, service providers and others to honor their sorrows through meditation, creative practice and ritual. Please bring a journal to write in.

Download the flier [HERE](#)

Learn more about Naila at [www.thishallowedwilderness.com](http://www.thishallowedwilderness.com)

Get free tickets [HERE](#)

### PRAYERS FOR PEACE MANTRA-THON

Saturday, September 16

12 noon – 8pm, zoom and in-person

Feel free to join the event either way and at any time for any length

Zoom Meeting: <https://us02web.zoom.us/j/2012464464>

Meeting ID: 201 246 4464

(In-person) [Chenrezig Tibetan Buddhist Center](#), 954 N. Marshall Street, Philadelphia PA

In Buddhism, a mantra is a sacred sound, syllable, word, or phrase repeated to help the meditator focus on their meditation experience. There are such mantras that help us to connect with the potential that each of us has to experience profound peace within ourselves, and to be an arbiter of peace in the world.

Everyone is invited to drop in to this virtual and in-person meditation offered by the Chenrezig Tibetan Buddhist Center of Philadelphia. Whether it's your first time, or you are a regular meditation and chanting practitioner, you are invited to come and share in this experience of chanting mantra prayers for peace.

The Prayers for Peace Mantra-thon is divided into 45 minute segments, each devoted to a specific Buddhist mantra and dedicated to a state of mind that supports happiness, peace and inclusion for all living beings.

[DOWNLOAD FLIER](#)

### TALK: EMBODIED PEACE

Sunday, September 17

11:00am, Philadelphia Ethical Society, 1906 S. Rittenhouse Square

2pm Via ZOOM (<https://us02web.zoom.us/j/3917679274#success>)

Sometimes peace, both in ourselves and in the world, is portrayed as an elusive, idealistic, or spiritual ideal. But peace is, in fact, very grounded and mundane. It is rooted in the body. Certainly those whose bodies are in physical danger struggle to experience peace. Hugh Taft-Morales reflects on building embodied peace from the inside out through meditative practices. How can we nurture inner peace by more fully embracing our physical nature, from the breaths we take to our mortal, temporal

existence? How might it help us build a world where everyone experiences peace and justice?

Hugh Taft-Morales serves as Leader of the Philadelphia Ethical Society and the Baltimore Ethical Society and is a member of the Ethical Action Committee of the American Ethical Union (AEU). Hugh taught philosophy and history for twenty-five years in Washington, D. C., after which he transitioned into Ethical Culture Leadership. In April of 2009 he graduated from the Humanist Institute and was certified as an Ethical Culture Leader by the AEU in 2010.

### **[BENEFIT CONCERT OF MUSIC INSPIRING HARMONY & PEACE](#)**

Sunday, September 17th

7:00pm

Philadelphia Ethical Society

1906 S. Rittenhouse Square

\$15 suggested donation, but all are welcome at the door – All proceeds will go to **[Nationalities Service Center](#)** and their **[Survivor Services program](#)**. **Get tickets [HERE](#).**

This benefit concert will feature pieces of music related to harmony and peace, including works by [Leonard Bernstein](#), [Cesar Franck](#), [Romeo Cascarino](#), [Valerie Coleman](#) and [Florence Price](#).

### **[CONCERT FLIER](#)**

#### **Musicians will include:**

- Pianists Annette and Regina DiMedio
- Flutist Robert Cart
- A String Quartet: violin- Philip Kates and Luigi Mazzocchi; viola- David Giles; cello- Patricia Daniels
- Bassoonist Peter Schoenbach
- Soprano Marta Zaliznyak

**NSC's Survivor Services programs** provide comprehensive supports and a path for healing for survivors of domestic violence, torture, and trafficking. NSC aims to empower the communities we serve by providing services that are multilingual, culturally responsive, and trauma informed. Learn more **[HERE](#)**

### **[2023 IMMIGRANT AND REFUGEE CAREER FAIR](#)**

Monday, September 18

1-4pm

801 Market Street, 11th Floor, Conference Room 1154A, Philadelphia. Entrance is on 8th Street, between Market and Filbert Streets.

iBelong Philly, in partnership with Health Federation, Nationalities Service Center (NSC), DBHIDS Diversity, Equity and Inclusion, and Peace Day Philly, is organizing this event to bring together a wide range of employers from around the city. Individuals will have an opportunity to network, speak with hiring managers, learn about resume building, interviewing tips, and much more. Participants are encouraged to dress professionally and bring an up-to-date resume and cover letter to the event.

For more information, please contact iBelong at [ibelong.philly@gmail.org](mailto:ibelong.philly@gmail.org).

### BUILDING BRIDGES: TALKING ACROSS DIVIDES

Monday, September 18

6:30-8:00pm

The Peace Center

102 W. Maple Avenue, Langhorne

Lead by Danny L. Thomas, Executive Director of the Peace Center

Registration is limited to 20 people.

Registration Link: [https://www.thepeacecenter.org/upcoming-events/9-18\\_tlkng\\_acrs\\_div/](https://www.thepeacecenter.org/upcoming-events/9-18_tlkng_acrs_div/)

### FOOTBALLS NOT FIREARMS MARCH AND RALLY

Tuesday, September 19

11am – 1:30pm

Fairhill Square, 4th Street and Lehigh Avenue

A police/youth/community event against gun violence and for positive youth development. Young people and police officers will march together through the streets, returning for a rally hosted by Peace Day Philly and the Philadelphia Police Department. Civic officials and Eagle player-alums will speak. They'll be music and free food. The Philadelphia Eagles have donated 150 footballs for distribution to children between the ages of 6-17. Come support this effort to strengthen community relationships and build peace!

Sponsored by: Philadelphia Rotary, Philadelphia Eagles and the Philadelphia Police Department

### OUR SHARED HUMANITY: A SELF-COMPASSION DISCUSSION & MEDITATION

Tuesday, Sept 19

7:00pm

Join Zoom Meeting: <https://uso2web.zoom.us/j/86039782671>

Meeting ID: 860 3978 2671

This year's theme of the United Nations' International Day of Peace is a "call to action that recognizes our individual and collective responsibility to foster peace." To take action on behalf of others and our planet requires compassion and a mindset of shared humanity and equality. Pema Chodron, an American Tibetan nun, has said "Compassion becomes real when we recognize our shared humanity." Yet it is only when we are compassionate toward ourselves that we can be present to act for others when the opportunity arises.

Please join Sue Passante from the Chenrezig Tibetan Buddhist Center of Philadelphia in affiliation with the Philadelphia Buddhist Association for a discussion and meditation on developing self-compassion. We will explore a few methods from accomplished spiritual and medical professionals on how to simply turn compassion inward to deepen our motivation to relieve the suffering of others.

### WATER AND PEACE: ACCESS ISSUES AND NAVIGATING CONFLICTS

**Wednesday, September 20**

6-7:30pm

Via Zoom: <https://bit.ly/3EqLLCK>

This zoom program is a partnership between Peace Day Philly, the [UN Association of Greater Philadelphia](#) and the [Institute for Economics and Peace](#).

What are warning signs, global and national, related to water access? How do water issues relate to conflicts between each other and across the planet? In this program, experts will speak to examples of current challenges related to water stress and access, as well as global models for enabling equitable access to water.

**Panelists:** *Michael Collins, Executive Director, The Americas, [Institute for Economics and Peace](#); Omar El Hattab, PhD, Senior Advisor | Water, Sanitation and Hygiene | Emergency Programme Division, UNICEF; Christine Serwan, Special Projects Senior Associate, Charity Water.*

[DOWNLOAD FLIER](#)

### [DEMOCRACY CIRCLE](#)

**Wednesday, September 20**

6:30-8:00pm

Offered by the Peace Center Via Zoom

Learn about local organizations whose missions align with the [17 Sustainable Development Goals](#)

Tanya Longino and Danny Thomas will lead this conversation.

Register here: [https://www.thepeacecenter.org/upcoming-events/dc\\_glbl\\_pc/](https://www.thepeacecenter.org/upcoming-events/dc_glbl_pc/) to receive the zoom link

### [PEACE DAY PHILLY 20123: ACTIONS FOR PEACE](#)

**Thursday, September 21**

**11:30am – 12:45pm**

North Apron, City Hall

Please join us as we gather on the UN International Day of Peace! Activities will include music, speakers, global messages and a minute of silence for world peace. Tabling by community organizations, too. Bring a friend and spread the word!

[DOWNLOAD FLIER](#)

### [NAVIGATING DIFFICULT CONVERSATIONS WORKSHOP](#)

**Thursday, September 21**

12:00-1:00 PM

**Virtual**

We have the potential to correct misunderstandings and heal divisions and conflicts that characterize far too many of our interactions and relationships and damage our shared democracy. In this workshop you will learn to hone your skills for engaging in — and facilitating—interactions and discussions to deepen your understanding of one another, especially “when things get tough.” Practice listening and staying present through difficult conversations. With a 20-year history in interfaith engagement, Interfaith Philadelphia offers invaluable guidance, practices, and wisdom that can be applied to a diverse array of dialogue-based encounters.

**Registration Link:** <https://www.tfaforms.com/5077865>