



Peace Day Activity Ideas for Elementary School Students

The United Nations International Day of Peace (**Peace Day**) is observed worldwide on (and around) **September 21**. Peace Day provides a powerful opportunity for students to consider the concept of positive peace and how they can be active peacebuilders in their world.

- Try Peace Breathing! Go to: <http://bit.ly/1fdBjMu> for instructions. Teachers can also watch the free 24 minute video about mindfulness for kids: <http://bit.ly/1HmOrcd>.
- Observe a minute of silence in the spirit of our desire for peace.
- Share an act of kindness (a kind word, note or drawing) with a classmate or teacher. Kindness goes far!
- Create a collaborative peace collage with images and words that communicate peace. Display it in a prominent place in the classroom/school.
- Create a peace poster that expresses what peace means to you. Do alone or in pairs.
- Draw/write a Peace Pledge and display (see template).
- Watch “I Will Be a Hummingbird” (2 min animated) and then talk/write about how you can play your part in a more peaceful world. <http://bit.ly/1DZJNzT>. You may also talk about the work of the late Wangari Maathai (<https://www.greenbeltmovement.org/wangari-maathai>).
- During regular reading times, read a multicultural children’s book <http://bit.ly/2rXwJN4> - or an inspiring book <http://bit.ly/2iSVfHz> - about Peace.
- Talk about bullying. What is it? How can you help yourself or someone else who is being bullied?
- Create and Display Peace Flags - <http://thepeaceflagproject.org/workshops/how-to-make-peace-flags/>
- Teachers, teach one of the free lessons from “Teaching Tolerance” - <https://www.tolerance.org/classroom-resources/lessons>.

Find many more ideas in the “What Can You Do?” section of www.peacedayphilly.org, or create your own Peace Day activities.