

The **United Nations International Day of Peace** ("Peace Day") is observed across the world each year on and around <u>September 21</u>. **Peace Day Philly**, the Philadelphia region initiative for Peace Day, will take place Sept. 16 - Sept. 22, 2018. Learn more about Peace Day, local events and more at: at <u>www.peacedayphilly.org</u>.

Set aside time during Peace Day Philly to engage kids in peace activities that build awareness, understanding, compassion, racial/intercultural respect and citizenship.

Here are a few ideas for bringing Peace Day into your library...



Breathe Peace! Kids can watch this 3-minute video on breathing & mindfulness: <u>https://vimeo.com/114715169</u>. Then lead them in a simple breathing exercise <u>http://bit.ly/1fdBjMu</u>. Kids can write or draw how they felt before and after peace breathing and can keep images in their desks/lockers as a reminder to breathe.

Spin Peace! Create pinwheels with peace words and images. Go to <u>http://bit.ly/</u> <u>1FloMur</u> for this and many other peace art ideas.

Read Peace! During regular reading times, share a multicultural children's book <u>http://bit.ly/2rXwJN4</u> - or an inspiring book <u>http://bit.ly/2iSVfHz</u> - about Peace.



Pledge Peace! Kids can create and share their own Peace Pledge. For templates: <u>http://bit.ly/1uFtPoI</u>.



Explore Peace! Share one of the *Global Oneness Project's* lessons, like a refugee photo essay: <u>http://bit.ly/2rEy7Rt</u> and spark a discussion about global issues.

Many more Peace Day activity ideas and resource links can be found in the *"What Can You Do?"* section of <u>www.peacedayphilly.org</u>.



Tell us your library's plans! contact@peacedayphilly.org







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