
Set aside time during Peace Day Philly to engage kids in peace activities that build awareness, understanding, compassion, racial/intercultural respect and citizenship.

Here are a few ideas for bringing Peace Day into your library...

**Breathe Peace!** Kids can watch this 3-minute video on breathing & mindfulness: [https://vimeo.com/114715169](https://vimeo.com/114715169). Then lead them in a simple breathing exercise [http://bit.ly/1fdBjMu](http://bit.ly/1fdBjMu). Kids can write or draw how they felt before and after peace breathing and can keep images in their desks/lockers as a reminder to breathe.

**Spin Peace!** Create pinwheels with peace words and images. Go to [http://bit.ly/1Fl0Mur](http://bit.ly/1Fl0Mur) for this and many other peace art ideas.


**Explore Peace!** Share one of the Global Oneness Project’s lessons, like a refugee photo essay: [http://bit.ly/2rEy7Rt](http://bit.ly/2rEy7Rt) and spark a discussion about global issues.

Many more Peace Day activity ideas and resource links can be found in the “What Can You Do?” section of [www.peacedayphilly.org](http://www.peacedayphilly.org).

Tell us your library’s plans! [contact@peacedayphilly.org](mailto:contact@peacedayphilly.org)

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